



# SEEDS OF HOPE WILSON

## From the Executive Director



Jim Howard  
Executive Director  
252-469-3823

Wow! What an exciting summer we have had! I am constantly in awe of the love that has been shared with Seeds Of Hope Wilson.

We started out with the Backyard Buddies Project. The Methodist Men from Winstead UMC were so gracious to build us ten 3' X 3' pressure treated raised flower beds. Eight were distributed to our neighbors near the Seeds of Hope House. Our volunteers from Winstead have been visiting the participants and everyone is reporting success.

The gardens at the SOHW house are producing nicely and the produce is providing several families with healthy vegetables. We have also been able to sell extra produce at the Wilson Farmer's Market. We have sold out of our vegetables almost every time.

Speaking of the Farmer's Market, we continue to spread the word of Seeds of Hope Wilson. The response has been phenomenal. One of the biggest draws are Winstead's famous peanuts and "Almost Famous" barbeque sauce. We have repeat buyers every time we are at the Farmer's Market! Thank you Winstead UMC. Please stop by and visit us. We are at the market every second and last Saturday of each month.

During the month of June we had a fundraiser at Casita Brewing Company. We hosted several events and raised a considerable amount of money. (See pictures on page 4.) The exciting part of these events at Casita, was the generous support from the Wilson Community. I want to thank all those from Winstead who helped out.

We are waiting to see what the fall will bring at Vick Elementary School. It is our hope to get the kids back into the gardens. We plan to meet with Dr. Walthall soon to discuss what we can do for the students.

*(Continued on page 2)*

## Welcome New Board Members



*Heather Winstead*

Heather is a member of West Nash United Methodist Church and the Rehab Director at a senior living facility in Cary. Heather and her wife, Christen, have been married for 2 years and they have a beautiful daughter.

Both Heather and Christen were born and raised in Wilson and Heather is happy to be back in Wilson serving her community.



*Rhyan Breen*

"Rhyan Breen is a local attorney and current Wilson County School Board Member. He is the husband to a woman he doesn't deserve and the father of two precocious children."

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*(Continued from page 1)*

### **From the Executive Director**

We do had children visiting the gardens from the summer camp at West Nash Methodist Church on Wednesday, July 28..

Finally, I would like to invite everyone to see the progress taking place at the Pirate Forest/ Gardens. We have just completed the platform/ stage for teachers, performers and storytellers. It is our goal that the Seeds of Hope Pirate Forest Garden and the regular gardens will be a field trip destination. Exciting things are happening! Come see us!

If you have questions or suggestions, feel free to contact me at 252-469-3823.

In His service,  
Jim Howard



*Pirate Forest platform*





**Vincenta Cariño**  
Hispanic Project  
Coordinator

In June we celebrated our high school graduates. Families in our community gathered to enjoy the afternoon and have a good time. We invited a guest speaker, lawyer Tony Arreola, to motivate our youth community to look for their dreams. There was a great turnout for this event.

Mrs. Cariño assisted in a workshop to learn more about youth in our society. Four out of seven of our graduates decide to be part of the leadership team that will work with the youth group.

Promotoras planned the presentation to represent our community and Seeds of Hope at Casita Brewing. Promotoras demonstrated the preparation of "aguas frescas" on Saturday, June 26, and sold samples of four different drinks.



*An interesting "aguas frescas" demonstration with samples prepared by the Seeds of Hope Promotoras !*

## Thank You Casita Brewing

A HUGE **thank you** to Casita Brewing for sponsoring Seeds of Hope Wilson for the month of June. We had a successful month that included a silent auction, patriotic quilt raffle, a pirate night, paint and pour classes, make a mug classes, create and fill a planter class, and much more. At the end of June, SOHW received 25% of all tips - \$1,800.00. See more pictures on our Facebook page at [facebook.com/seedsofhopewilson](https://facebook.com/seedsofhopewilson).



*A fearsome pirate!*



*These folks created their own planter then came back to fill it with succulents.*

# SOHW AT CASITA BREWING



*Chef Jeremy Law talks salad dressings.*



*Singers Studio open mike.*



*Priscilla and Jim enjoying the festivities at Casita Brewing.*



*Working on designing that mug.*



*Creating their own mugs.*



*Paint & Pour*



### Executive Director:

Jim Howard

### Officers

Board Chair: TBD

Vice Chair: Peggie Shultz

Treasurer: Oredia Burt

Secretary: MaryEllen Bass

### Board Members

Rhyan Breen

Vicenta Cariño

Gary Farmer

Mandy Jenkins

Julia Newton

Maria Resendez

M. K. Smith

Heather Winstead

### Ex Officio members:

Vielka Givens, Student Development Specialist, Vick Elementary School

Rev. Rachel Price, Pastor, Winstead UMC

Fred Hight, Past Board Chair

### For more information contact:

Jim Howard

252-469-3823

## On the Calendar

### August

#### Tuesday, August 3

8:00 am - 10:00 am Community Garden Workday

#### Saturday, August 7

8:00 am - 10:00 am Community Garden Workday

#### Tuesday, August 10

8:00 am - 10:00 am Community Garden Workday  
7:00 pm Board Meeting

#### Saturday, August 14

8:00 am - 10:00 am Community Garden Workday  
8:00 am - 12:00 pm Wilson Farmers Market

#### Tuesday, August 17

8:00 am - 10:00 am Community Garden Workday

#### Thursday, August 19

10:00 am - 2:00 pm Canning Class at Wilson Co. Ag Center

#### Saturday, August 21

8:00 am - 10:00 am Community Garden Workday

#### Tuesday, August 24

8:00 am - 10:00 am Community Garden Workday

#### Saturday, August 28

8:00 am - 10:00 am Community Garden Workday  
8:00 am - 12:00 pm Wilson Farmers Market

#### Tuesday, August 31

8:00 am - 10:00 am Community Garden Workday

### September

#### Saturday, September 4

8:00 am - 10:00 am Community Garden Workday

#### Tuesday, September 7

8:00 am - 10:00 am Community Garden Workday

#### Saturday, September 11

8:00 am - 10:00 am Community Garden Workday

#### Tuesday, September 14

8:00 am - 10:00 am Community Garden Workday

#### Saturday, September 18

8:00 am - 10:00 am Community Garden Workday

#### Tuesday, September 21

8:00 am - 10:00 am Community Garden Workday

#### Saturday, September 25

8:00 am - 10:00 am Community Garden Workday

#### Tuesday, September 28

8:00 am - 10:00 am Community Garden Workday

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